

Some people think that the teenage years are the happiest time of most people's lives. Others think that adult life brings more happiness, in spite of greater responsibilities.

Discuss both these views and give your own opinion.

Happiness in life is one of the permanent aims of all people's lives. Man ~~has always been~~ ~~have been~~ ~~always~~ looking for it and thinking about all its aspects. One of the common arguments about it is ~~that~~ in which era of our lives we feel happier: teenage years or adulthood?

Let us talk about teenagers. They are more energetic and they have plenty of freedom. They do not have any serious dependence or responsibility. Therefore, they have lots of free time and a wide range of entertainments to do, so they seem to be happier, but some say, teenagers do not have a full comprehension of their times and feelings as adults have moreover they are emotionally in an unstable period of their life. Although adults have much many more responsibilities than teenagers, they have had experienced so many different things so they can feel & understand better about happiness.

In conclusion, it is hard to say which era is more cheerful; each has its own unique and unrepeatable moments. I think adults can be as happy as teenagers only just if they look for it and follow their interests/pursuits.